Delta Center Learning Session: Social Health

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the
DELTA CENTER
for a thriving safety net

Reminders

- Next Learning Sessions

  - *Session 1: Lessons Learned from Network Formation*
    [March 16 at 10:00 AM PT / 1:00 PM ET]
  - *Session 2: Effective Strategies for Negotiation*
    [March 23 at 10:00 AM PT / 1:00 PM ET]
  - *Session 3: Legal Considerations for Value-Based Contracts*
    [March 30 from 10:00 AM PT / 1:00 PM ET]

- Delta Center Convening

  - April 20-21, 2023

- NatCon Discount

  - May 1-3, 2023

Introduction

Agenda

- Social health headlines for 2023

- Breakout discussion: What's going on in your states?

   o What are you hearing from your members and policymakers about social health priorities in your state this year?

   o What are the implementation challenges relating to social health your members are struggling with?

- Convening co-design: what social health content would you find useful for our April gathering?

Fighting Poverty
with Health Care

What to keep an eye on in 2023

Sources

- National Academy of Science and Medicine, Integrating Social Health in Medicine
- Social Interventions Research and Evaluation Network (SIREN) State of the Science Report on Social Health Screening
- National Committee for Quality Assurance HEDIS Measures
- Joint Commission
- State Medicaid

Activity	Definition	Transportation-Related Example
Awareness	Activities that identify the social risks and assets of defined patients and populations.	Ask people about their access to transportation.
Adjustment	Activities that focus on altering clinical care to accommodate identified social barriers.	Reduce the need for in-person health care appointments by using other options such as telehealth appointments.
Assistance	Activities that reduce social risk by providing assistance in connecting patients with relevant social care resources.	Provide transportation vouchers so that patients can travel to health care appointments. Vouchers can be used for ride-sharing services or public transit.
Alignment	Activities undertaken by health care systems to understand existing social care assets in the community, organize them to facilitate synergies, and invest in and deploy them to positively affect health outcomes.	Invest in community ride-sharing or time-bank programs.
Advocacy	Activities in which health care organizations work with partner social care organizations to promote policies that facilitate the creation and redeployment of assets or resources to address health and social needs.	Work to promote policies that fundamentally change the transportation infrastructure within the community.

NASEM
Five A's for Integrating Social Health in Medicine
- Awareness
- Adjustment
- Assistance
- Alignment
- Advocacy

State of the Science on Social Screening in Healthcare Settings
Summer 2022

Emilia H. De Marchis, MD, MAS   Melanie Molina, MD, MASc
Erika Brown, PhD, MPH   Yuri Cartier, MPH
Benjamin Aceves, PhD, MPH, MA   Holly Wing, MA
Vishalli Loomba, MPH, MSc, MDc   Laura M. Gottlieb, MD, MPH

siren Social Interventions Research & Evaluation Network
University of California, San Francisco

Five Key Sections
1. The prevalence of screening;
2. The psychometric and pragmatic validity of existing screening tools;
3. Patient and patient caregivers' perspectives on screening;
4. Healthcare providers' perspectives on screening; and
5. Screening implementation

Prevalence of Screening

Eleven Surveys — Fielded between 2018-2021 to report on the prevalence of social screening in diverse patient populations and healthcare settings.

Prevalence 56-77% — Prevalence varies by social domain, setting and respondent.

Limited Aggregation — Survey variability limits aggregation across studies and clear tracking of changes in prevalence over time. Screening appears to be on the rise.

Psychometric and Pragmatic Properties of Social Screening Tools

In a 2019 systematic review of tools published in the peer literature between 2000-2018, Henrikson et al. describe many psychometric and pragmatic properties

21 Social Screening Tools

"Rarely...tested using gold standard tools for assessing psychometric validity."

SIREN researchers repeated the review

Evidence Gap for tool selection

"No tool development process followed every gold standard measure development, though all used at least one."

Patient and Patient Caregivers' Perspectives on Social Screening

- Screening is generally acceptable

- Correlation between trust and acceptability

- Prior experience of discrimination decreases acceptability

- Concerns include risk of stigmatization and privacy

Healthcare Providers' Perspectives on Social Screening

Screening is generally acceptable

Offer clear messaging, assure privacy and develop strategies to reduce stigma

Lack of community resources can lead to frustration

Education and training increases confidence and readiness

Implementation Research on Social Screening

Implementation research on social screening is not robust. Studies typically are cross-sectional, descriptive, and involve small samples. Some preliminary takeaways and recommendations for future research:

Equity

There is no clear pattern to the variation in screening rates between demographic groups. No studies have examined strategies to improve equity in screening reach.
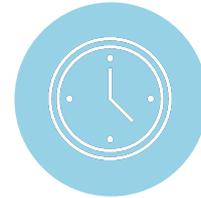
Standardization vs. Customization

Use of standardized tools appear to improve screening rates, but several studies also indicate that staff frequently adapt screening questions. Adaptation may introduce bias, but also may increase likelihood of disclosure.

Time

Time is the most frequently cited barrier to screening. There is insufficient data on how time differs across populations or how to reduce time burden of screening administration.

Implementation Research on Social Screening

Implementation research on social screening is not robust. Studies typically are cross-sectional, descriptive, and involve small samples. Some preliminary takeaways and recommendations for future research:

Modality

Use of technology, such as digital device-assisted screening, should be studied further with patients with low literacy or in settings with limited staff capacity.

Workforce Conducting Screening

Only one study looked at rates of disclosure across different health professionals administering screening. Risk disclosure was higher when screening was conducted by CHWs than nurses.

Education

Education, training and continuous QI appear to improve clinician and staff adoption of screening.

NCQA Healthcare Effectiveness Data and Information Set

New measures introduced with focus on health equity for 2023

Social Need Screening and Intervention (SNS-E)

- Assesses members who were screened
- Using prespecified instruments
- At least once during the measurement period for unmet food, housing, and transportation needs
- *And* received a corresponding intervention if they screened positive.

Joint Commission: New Requirements to Reduce Health Disparities

Requirements, Rationale and Reference Report

Requirement EP 2: The organization assesses the patient's health-related social needs and provides information about community resources and support services.

○ Organizations determine which health-related social needs to include in the patient assessment.

○ Health-related social needs may be identified for a representative sample or for the whole population.

Requirement EP 4: The organization develops a written action plan that describes how it will address at least one of the health care disparities identified in its patient population.

Addressing Social Needs through Medicaid Managed Care

2021 Survey

Almost 50%

Medicaid agencies that responded had incorporated social screening provisions into their contracts with MCOs.

Seven Strategies used by State Medicaid Managed Care to Address Member Social Needs

- Identifying and SDOH within MCO care coordination/care management requirements
- Requiring and/or encouraging MCO use of ICD-10 Z codes
- Encouraging MCO use of SDOH-related value-added services
- Encouraging MCOs to offer SDOH-related in lieu of services
- Directing or encouraging MCOs to engage providers in SDOH activities
- Encouraging SDOH-related activities and approaches with financial or other incentives
- Accounting for social risk factors in managed care payment methodologies

Breakout Discussion Prompts

- Is there anything that stands out to you about what you just heard in this presentation?

- What are you hearing from your members and policymakers about social health priorities in your state this year?

- What are the implementation challenges relating to social health your members are struggling with?

Sources

- [Addressing Health-Related Social Needs Through Medicaid Managed Care](#)
Bailit Health, 2022
- [Integrating Social Care into the Delivery of Health Care: Moving Upstream to Improve the Nation's Health](#)
National Academies of Science, Engineering and Medicine, 2019
- [Joint Commission New Requirements to Reduce Health Care Disparities](#)
Joint Commision, 2022
- [National Committee for Quality Assurance Updates and Releases New Quality Measures for HEDIS 2023 with a Focus on Health Equity](#)
NCQA, 2022
- [State of the Science on Social Screening in Healthcare Settings](#)
Social Innovation Research and Evaluation Network, 2022